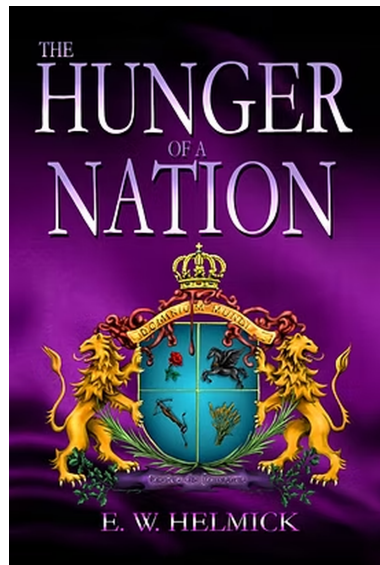


THE HUNGER OF A NATION

Fact Sheet | Historical Fiction by E. W. Helmick

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Concept Cover image



E. W. Helmick

Award-winning screenwriter and author

TAKE YOUR DREAM: THE MOVIE



+ 20 international official selections/awards

SCREENPLAY AWARDS

1st place, Hollywood Film Festival
When The Root Children Wake

Platinum, WorldFest Houston
Breaking Free

First Place, WorldFest Flagstaff
The Violin Hunter

Genre: Historical fiction / literary historical drama with book club appeal

Length: Approx. 140,000 words

Setting: 12th-century Spain, Aragon, and the French Pyrenees

Status: Complete, unpublished manuscript, seeking representation

BOOK SNAPSHOT

The Hunger of a Nation is a sweeping historical novel of appetite, survival, and moral hunger. In twelfth-century Spain, a starving nation is summoned night after night to the palace's midnight banquets, with tables groaning under black-poached fig cakes, Neapolitans, ice biscuits, Pommes à la Royale, lobster créme canapés, and roasts dripping with rich sauce. The people eat until they can eat no more, yet their hunger is never truly satisfied, as if something essential is missing.

SALES / SHELF POSITION

- For readers drawn to immersive historical fiction, moral suspense, medieval settings, rich foods, and stories where beauty and danger live side by side.
- A strong fit for book clubs that enjoy large-canvas historical novels with mystery, faith-adjacent themes, survival, power, mortality, and the question of what a nation truly hungers for.
- Keywords: 12th-century Spain; Aragon; Pyrenees; medieval historical fiction; epidemic; immortality; pâtissier; mortician; rebellion; survival; moral hunger.

MARKETING PLATFORM & DISCOVERABILITY

- Streaming Cross-Promotion: to existing viewer base of the award-winning documentary Take Your Dream, currently streaming on Amazon Prime, YouTube, and Redeem TV.
- Niche Media Outreach: Leverage unique background as a screenwriter and film producer to secure guest spots on podcasts, lifestyle programs, and Hollywood-adjacent fan networks.
- Grassroots Campaign: Utilize global communication channels and speaking networks built through humanitarian work with my organization, Help World Tour and film production company, Way Out West Pictures, to drive organic launch awareness.

AUTHOR NOTES

E. W. Helmick is an award-winning screenwriter and author whose work often explores identity, grace, courage, moral hunger, and the long road home. His storytelling background spans fiction, memoir, screenwriting, publishing, and ministry work through the global humanitarian organization, Help World Tour.